

## **D-DAYS 2016, Annual Conference & General Assembly OSLO**

### **FRIDAY 8 APRIL, 14.00 - 17.30**

12:00 - 14:00 Registration & Lunch

#### **WELCOME**

14:00 – 14:15 Welcome by Presidents Merete Avery, DE  
and Anniken Hagen, NDF

#### **Session I: FACES OF DYSTONIA**

**Chairs: Inger Marie Skogseid and Tom Warner**

14:15 – 14:35 What is Dystonia?  
Dr Charalampos Tzoulis, Bergen

14:35 – 14:55 Non Motor Symptoms in Dystonia  
Prof Maja Relja, Zagreb

14:55 – 15:15 Dystonia in Children  
Dr Jean Pierre Lin, London

15:15 – 15:30 Question & Answer

**15:30 – 16:00 Coffee break**

#### **Session II: FUTURE OF DYSTONIA**

**Chairs: Maja Relja & Charalampos Tzoulis**

16:00 – 16:30 Genetics in Dystonia  
To be confirmed

16:20 – 16:40 Update on Dystonia Research  
Prof Tom Warren, London

16:40 – 17:00 Question & Answer

17:00 – 17:30 Dystonia Europe Tools:  
Dystonia Community goes live  
MyDystonia – the e-diary for dystonia patients  
Monika Benson & Merete Avery

**19:30 Dinner at Clarion Hotel Royal Christiania**

### **SATURDAY APRIL, 9.30 – 13.30**

#### **Session III**

#### **MANAGING DYSTONIA**

**Chairs: Marjan Jahanshahi & Maja Relja**

9:30 – 9:50 Overview of Treatment of Dystonia  
To be confirmed

9:50 – 10:10 Dystonia and DBS  
Dr Inger Marie Skogseid, Oslo

10:10 – 10:30 Understanding Plasticity and Dystonia  
Prof Espen Dietrichs, Oslo

10:30 – 10:45 Question & Answer

**10:45 – 11:15 Coffee break**

#### **Session IV**

#### **WORKSHOP: PHYSIOTHERAPY & REHABILITATION**

**Chairs: Jean-Pierre Lin**

11.15 – 11.30 A Norwegian Example: Training of Physiotherapists  
NDF Chairwoman Anniken Hagen

11.30 - 11.45 Dystonia and Physical Activity  
Dr Jeannette Koht, Drammen

11.45 – 12.45 Physiotherapy and Dystonia  
Physiotherapist Johanna Blom, Malmö

12:45 – 13.05 Coping strategies for Dystonia  
Prof Marjan Jahanshahi, London

13:05 -13:15 Question and answer

#### **THANK YOU & END OF CONFERENCE**

13.15 – 13.30 Merete Avery, DE and Anniken Hagen, NDF

**13:30 Lunch**

**16.30 Departure Guided Oslo City Tour**

**19.30 Dinner Oslo Opera House**

**SUNDAY APRIL 10, 9.30 – 14.00**

9.30 – 9.40 Welcome Delegates & Introduction Merete Avery

9.40 – 10.40 Fundraising for patients' organizations: from relationships to funds  
Simona Biancu, Engagedin, Italy

**10.40 - 11.10 Coffee Break**

11.10 – 12.10 Fundraising continued  
Simona Biancu, Engagedin, Italy

12.10 – 12.30 Under the Umbrella – an awareness campaign for neurological diseases  
Elizabeth Cunningham, EFNA, Brussels

12.30 – 13.30 General Assembly, for members only.

13.30 - 14.30 – Photo shoot for UnderTheUmbrella

**13.30-14.30 Lunch and goodbye**

**See you next year at the D-DAYS 2017 in.....**

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