

SAVE  
THE DATE

APRIL 8, 9 2016  
OSLO, NORWAY

# D-DAYS

Annual European Dystonia days  
23<sup>rd</sup> Annual Conference

**Location:**

Clarion Hotel Royal Christiania, Oslo, Norway

**Information & Registration:**

<https://dystonia-europe.org/activities/events/dystonia-europe-2016-oslo>

DYSTONIA  
EUROPE



Norsk  
Dystoniforening

# D-DAYS 2016, Annual Conference OSLO

## FRIDAY 8 APRIL, 14:00 - 17:30

12:00 - 14:00 Registration & Lunch

### WELCOME

14:00 - 14:15 Welcome by Presidents Merete Avery, DE and Anniken Hagen, NDF

### Session I: FACES OF DYSTONIA

Chairs: Inger Marie Skogseid and Tom Warner

14:15 - 14:35 What is Dystonia?

Dr Charalampos Tzoulis, Bergen

14:35 - 14:55 Non Motor Symptoms in Dystonia

Prof Maja Relja, Zagreb

14:55 - 15:15 Dystonia in Children

Dr Jean Pierre Lin, London

15:15 - 15:30 Questions & Answers

15:30 - 16:00 *Coffee break*

### Session II: FUTURE OF DYSTONIA

Chairs: Maja Relja & Charalampos Tzoulis

16:00 - 16:30 Genetics in Dystonia

To be confirmed

16:20 - 16:40 Update on Dystonia Research

Prof Tom Warren, London

16:40 - 17:00 Questions & Answers

17:00 - 17:30 Dystonia Europe Tools

Monika Benson & Merete Avery

19:30 *Dinner at Clarion Hotel Royal Christiania*

## SATURDAY 9 APRIL, 9:30 - 13:30

### Session III: MANAGING DYSTONIA

Chairs: Marjan Jahanshahi & Maja Relja

9:30 - 9:50 Overview of Treatment of Dystonia

To be confirmed

9:50 - 10:10 Dystonia and DBS

Dr Inger Marie Skogseid, Oslo

10:10 - 10:30 Understanding Plasticity and Dystonia

Prof Espen Dietrichs, Oslo

10:30 - 10:45 Questions and Answers

10:45 - 11:15 *Coffee break*

### Session IV: WORKSHOP: PHYSIOTHERAPY & REHABILITATION

Chair: Jean-Pierre Lin

11:15 - 11:30 A Norwegian Example: Training of Physiotherapists

NDF Chairwoman, Anniken Hagen

11:30 - 11:45 Dystonia and Physical Activity

Dr Jeannette Koht, Drammen

11:45 - 12:45 Physiotherapy and Dystonia

Physiotherapist Johanna Blom, Malmö

12:45 - 13:05 Coping strategies for Dystonia

Prof Marjan Jahanshahi, London

13:05 - 13:15 Questions & Answers

### THANK YOU & END OF CONFERENCE

13:15 - 13:30 Merete Avery, DE and Anniken Hagen, NDF

13:30 *Lunch*

We thank the following sponsors for their generous support and for making this conference possible:

