

## **D-DAYS 2016 & Dystonia Europe Annual Conference, OSLO**

### **FRIDAY 8 APRIL, 14.00 - 17.30**

12:00 - 14:00 Registration & Lunch

#### **WELCOME**

14:00 – 14:15 Welcome by Presidents Merete Avery, DE  
and Anniken Hagen, NDF

#### **Session I: FACES OF DYSTONIA**

**Chairs: Inger Marie Skogseid and Tom Warner**

14:15 – 14:35 What is Dystonia?  
Dr Charalampos Tzoulis, Bergen

14:35 – 14:55 Non Motor Symptoms in Dystonia  
Prof Maja Relja, Zagreb

14:55 – 15:15 Dystonia in Children  
Dr Jean Pierre Lin, London

15:15 – 15:30 Question & Answer

**15:30 – 16:00 Coffee break**

#### **Session II: FUTURE OF DYSTONIA**

**Chairs: Maja Relja & Charalampos Tzoulis**

16:00 – 16:30 Genetics in Dystonia  
TBC

16:20 – 16:40 Update on Dystonia Research  
Prof Tom Warren, London

16:40 – 17:00 Question & Answer

17:00 – 17:30 Dystonia Europe Tools:  
Dystonia Community goes live  
MyDystonia – the e-diary for dystonia patients  
Monika Benson & Merete Avery

**19:30 Dinner at Clarion Hotel Royal Christiania**

### **SATURDAY APRIL, 9.30 – 13.30**

#### **Session III**

#### **MANAGING DYSTONIA**

**Chairs: Marjan Jahanshahi & Maja Relja**

9:30 – 9:50 Overview of Treatment of Dystonia  
TBC

9:50 – 10:10 Dystonia and DBS  
Dr Inger Marie Skogseid, Oslo

10:10 – 10:30 Understanding Plasticity and Dystonia  
Prof Espen Dietrichs, Oslo

10:30 – 10:45 Question & Answer

**10:45 – 11:15 Coffee break**

#### **Session IV**

#### **WORKSHOP: PHYSIOTHERAPY & REHABILITATION**

**Chairs: Jean-Pierre Lin**

11.15 – 11.30 A Norwegian Example: Training of Physiotherapists  
NDF Chairwoman Anniken Hagen

11.30 - 11.45 Dystonia and Physical Activity  
Dr Jeannette Koht, Drammen

11.45 – 12.45 Physiotherapy and Dystonia  
Physiotherapist Johanna Blom, Malmö

12:45 – 13.05 Coping strategies for Dystonia  
Prof Marjan Jahanshahi, London

13:05 -13:15 Question and answer

#### **THANK YOU & END OF CONFERENCE**

13.15 – 13.30 Merete Avery, DE and Anniken Hagen, NDF

**13:30 Lunch**