

Treatment Approaches for Patients with Dystonia

On September 22 and 23 2014 there will be a course on **”Treatment Approaches for Patients with Dystonia”** in Kaiserslautern, in Germany. The course will be in German and held by physiotherapist Heidrunn Pickenbrock, MSc from the Medical School Hannover, Clinic for Neurology, Movement Disorder Section.

Target group: physiotherapists, occupational therapists, physicians and other therapists who treat dystonia patients or want to learn more about how to treat them.

Background: Even young patients may suffer from dystonia - a disease which can be severely disabling.

Torticollis spasmodicus, other cervikal dystonias, blepharospasm, writers’ cramp, musicians’ dystonia or generalized dystonia can be primary or secondary, due to other neurological conditions.

The treatment of choice is Botulinumtoxin injections in the affected muscles, but it seems that the most effective approach is a combination of treatments from an interdisciplinary team. Consistent and well-structured planning of the treatment is key to resolve or decrease symptoms.

As dystonia is rarely part of the regular medical education, therapists are often not aware of how to treat dystonia patients.

This course aims to give you the basic knowledge of dystonia and how to treat this patient group.

Course topics:

- types of dystonias, pathophysiology and prognosis
- realistic treatment goals
- physician's treatment options
- treatment planning
- principles of treatment
- motor learning and the importance of repetition
- hands-on and hands-off strategies
- interdisciplinary communication

Course instructor: H. Pickenbrock, MSc, Physiotherapist, Bobath-Instructor (IBITA), Trainer for LiN[®], Medical School Hannover

Course language: German

Date: 22 September 9.00-17.00 & 23 September 9.00-14.00

Cost: € 220.-

Course venue: Schule für Physiotherapie in Kaiserslautern, Stiftswaldstraße 60,
67657 Kaiserslautern

For application and registration: http://www.akademie-pfalz.de/?page_id=882

E-mail: zentrale@akademie-pfalz.de

If you need more information or have any questions you are welcome to contact
Heidrun Pickenbrock at:

E-mail: pickenbrock.heidrun@mh-hannover.de